

Date: YYYY / MM / DD

Patient Name _____

Date of Birth YYYY / MM / DD

就诊日期: YYYY / MM / DD

病人姓名 _____

出生年月 YYYY / MM / DD

Subjective

Main complains: _____

- aching, throbbing, pressure, numbing, itching, cramping, burning, shooting, tingling, deep aching

What makes the pain better? _____ What makes the pain worse? _____



Objective

- Informed Consent Obtained: for assessment, for treatment, R.O.M., Strength, Tenderness

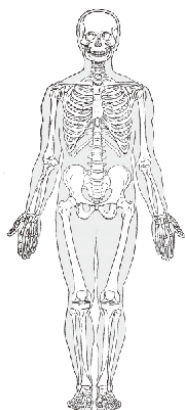
Palpation Summary (4T's: Tone/Texture/Temperature/Tenderness - skin, soft tissue, bone, lymph nodes, artery pulse, glands, pain): _____

Functional Tests (region/test/pain & ROM):

- Shoulder, Elbow, Wrist/hand, Hip, Knee, Ankle, C-spine, T-spine, L-spine, Others

Orthopedic Exams/Tests: (+: positive, -: negative, R/L)

- Cerv. compress, Yergason's, Mill's, Phalen's, Post. drawer, Achilles squeeze, Wright's, Valgus, Trendelenburg's, Ober's, Patellar grind, Hoffa's sign, Cerv. distraction, Speed's, Pron. stretch, SLR a./p., Apley comp., Calcaneal squeeze, Apley's, Varus, Patrick's, Ely/Nachlas, Pat. apprehension, Talar tilt, Adson's, O'Brien's, Gaenslen, Thomas, Apley dist., Tinel's, Empty can, Cozen's, Tinel's, Ant drawer, Thompson, Others

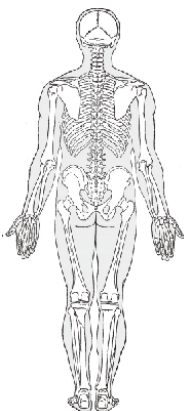


Assessment

Areas Treated: _____

Modalities/Technique Used:

- Swed, Friction, Jt. mobilization, Strengthening, Hydro., BLT, CR, FPR, INR, MFR, P-ROM, P-Stretch, Heat, CT, HVLA, LAS, ST, MPR, MF-TP, A-ROM, A-Stretch, Cold, ART, DIR, IND, ME, VIS



Treatment Plan

- Continue the Tx as before, Referral, Frequency of Treatment: ___/week, ___/month

Goals for Therapy:

- relieve pain, improve RMO, stabilization / maintenance, reduce scar tissue, prevent relapse, other, get back to work, improve sleep

Student: _____ Instructor/Practitioner: _____

主观叙述

主诉 _____

- 疼痛, 跳痛, 压迫感, 麻木, 发痒, 痉挛, 烧灼感, 电击感, 串痛, 深部痛

疼痛减轻因素? _____ 疼痛加重因素? _____



客观检查

- 是否取得病人授权: 身体检查, 整骨治疗, 运动幅度, 肌力, 敏感压痛

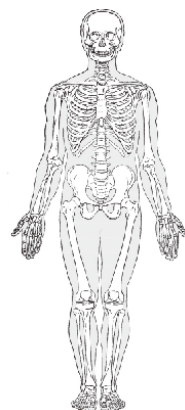
触诊 (针对: 肌张力/肌纤维走向/温度/敏感压痛-皮肤, 软组织, 骨, 淋巴结, 脉搏, 腺体, 疼痛): _____

功能检查 (部位/检查/疼痛/运动幅度):

- 肩部, 肘部, 腕/手部, 臀部, 膝部, 踝部, 颈椎, 胸椎, 腰椎, 其他检查

骨科专科检查/测量: (+ 阳性, - 阴性, 右/左)

- Cerv. compress, Yergason's, Mill's, Phalen's, Post. drawer, Achilles squeeze, Wright's, Valgus, Trendelenburg's, Ober's, Patellar grind, Hoffa's sign, Cerv. distraction, Speed's, Pron. stretch, SLR a./p., Apley comp., Calcaneal squeeze, Apley's, Varus, Patrick's, Ely/Nachlas, Pat. apprehension, Talar tilt, Adson's, O'Brien's, Gaenslen, Thomas, Apley dist., Tinel's, Empty can, Cozen's, Tinel's, Ant drawer, Thompson, Others

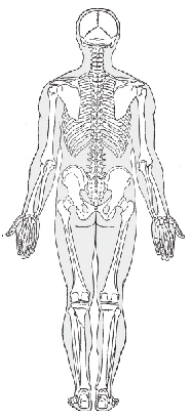


临床印象 (诊断)

治疗部位: _____

应用手法:

- Swed, Friction, Jt. mobilization, Strengthening, Hydro., BLT, CR, FPR, INR, MFR, P-ROM, P-Stretch, Heat, CT, HVLA, LAS, ST, MPR, MF-TP, A-ROM, A-Stretch, Cold, ART, DIR, IND, ME, VIS



治疗计划

- 同前治疗, 转诊, Frequency of Treatment: ___/week, ___/month

治疗目的:

- 减轻疼痛, 增加运动幅度, 稳定/维护疗效, 减少疤痕组织, 防止复发, 其他, 复工, 改善睡眠

学生签字: _____ 指导老师/整骨师签字: _____