	Palpation: □	•	o, 10, pa	-	1 1 1 /	1 .
Development: □ good, □ fair, □ poor □ Antalgia:	Palpation	L R	Palpation	L R	\ Right \ \	L'eft
Skin (bruising, scars):	Medial epicondyle		Common exten. tendon			
Asymmetry:	_ Ulnar groove		Anconeus			
Observation □ WNL L R	Med. collateral ligament		Brachioradialis			1/1
	Common flexor tendon		Extensor carpi ulnaris		(ST) (ST)	71
Head tilt	Flexor carpi ulnaris		Extensor carpi rad longus			(1)
Head rotation	Palmaris longus		Extensor carpi rad brevis		\ /1 \ \	11
Shoulder high	Flexor carpi radialis		Extensor digitorum			111
Shoulder rounded	Pronator teres		Supinator		- } / \ \ \	1113
Humerus rotated	Biceps tendon		Triceps tendon			
Elbow flexed	Head of radius		Triceps muscle		1	M,
Elbow hyperextended	Radial tunnel		Olecranon		AHR	AHA
Valgus forearm	Lateral epicondyle		Olecranon bursa		\$ 11111 B	///(//
Varus forearm	Lat. collateral ligament		Cubital fossa	-	HIPP H	7777
Forearm pronated	Lat. supracondylar ridge		Brachialis		AUD. s	1111
Forearm supinated	111				180	n A n
Hand/finger deformity						
land/inigor actioning	<u> </u>					
	-					
	Neurologic:	¬ WNI	Orthope	dic: ¬	WNI	
/ascular Screen: □ WNL	Reflexes (0-5), Biceps (C5)	NL L	R Instability	L R		S L
Pulses (0-4) L R	Brachioradialis (C6)		Valgus stress (0°)	\	Book lift test	
Brachial pulse	Triceps (C7)		Valgus stress (30°)	Cozen's	+
<u>'</u>	General grip strength		Varus stress (0°)		Mill's	_
Radial pulse	Ochicial grip sticingth		Varus stress (30°)		Kaplan's test	
Jinar pulse	– Motor (0-5), □ WNL	L	R Medial epicondyl	itis L R	R Neuropathy	
Blanch test	Shoulder flexors		Reverse Cozen's	100 L 1	Tinel's (elbow)	
Allen's test	Shoulder extensors		Reverse Mill's		Tinel's (wrist)	+
			Reverse will s		Elbow flexion test	
Temperature	Biceps brachii (musc.)		Poverse book lift		LIDOW HEXIOH LEST	
Temperature	Biceps brachii (musc.) Brachialis (musc.)		Reverse book lift		Dranatar stratch tost	
	/ I — — — — — — — — — — — — — — — — — —		Reverse book lift		Pronator stretch test	
ROM & Joint Play: □ WNL Pain at end ROM:	Brachialis (musc.)			,		
ROM & Joint Play: □ WNL Pain at end ROM:	Brachialis (musc.) Brachioradialis (radial)		Dynamometer	L	Pronator stretch test	L
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion:	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial)	r)	Dynamometel Repeat 3 times	r L	R L R	L
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: Active Passive	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial)	·	Dynamometer	r L		L
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: Active Passive	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna	adial)	Dynamometel Repeat 3 times	L	R L R	L
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: Active Passive L R L R	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi	adial)	Dynamometel Repeat 3 times	r L	R L R	L
ROM & Joint Play: Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°)	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radial)	adial)	Dynamometel Repeat 3 times	L	R L R	L
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°) Extension (0°)	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median)	adial)	Dynamometel Repeat 3 times	r L	R L R	L
ROM & Joint Play: WNL	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radian) Wrist adductors (ulnar/radian) Pronator teres (median) Supinator (radial)	adial)	Dynamometel Repeat 3 times Serial #		R L R	L
ROM & Joint Play: WNL	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median) Supinator (radial) Finger flexors (median/uln	adial) ial)	Dynamomete Repeat 3 times Serial # Neck evaluation: Shoulder eval:		R L R	
ROM & Joint Play: WNL	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radian) Wrist adductors (ulnar/radian) Pronator teres (median) Supinator (radial) Finger flexors (median/ulna)	adial)	Dynamomete Repeat 3 times Serial # Neck evaluation: Shoulder eval:		R L R	
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: Active Passive L R L R Extension (150°) Extension (00°) Pronation (90°) Joint Play L R	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median) Supinator (radial) Finger flexors (median/uln	adial) ial)	Dynamomete Repeat 3 times Serial # Neck evaluation: Shoulder eval:		R L R	
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Elexion (150°) Extension (0°) Supination (90°) Pronation (90°) Joint Play L R Ulnohumeral	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median) Supinator (radial) Finger flexors (median/ulna Finger extensors (radial) Girth*, WNL	adial) ial)	Dynamometer Repeat 3 times Serial # Neck evaluation: Shoulder eval: Wrist/hand eval:		R L R	
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°) Extension (0°) Supination (90°) Pronation (90°) Joint Play Ulnohumeral Radiohumeral	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median) Supinator (radial) Finger flexors (median/uln Finger extensors (radial) Girth*, WNL Mid arm	adial) ial)	Dynamometer Repeat 3 times Serial # Neck evaluation: Shoulder eval: Wrist/hand eval:		R L R	
Abnormal motion: Active Passive	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radi Pronator teres (median) Supinator (radial) Finger flexors (median/uln Finger extensors (radial) Girth*, WNL Mid arm Elbow	adial) ial)	Dynamometer Repeat 3 times Serial # Neck evaluation: Shoulder eval: Wrist/hand eval:		R L R	
ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°) Extension (0°) Supination (90°) Pronation (90°) Joint Play Ulnohumeral Radiohumeral	Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulna Wrist abductors (median/radial) Pronator teres (median) Supinator (radial) Finger flexors (median/ulna Finger extensors (radial) Girth*, WNL Mid arm Elbow Mid forearm	adial) ial) lar) L F at vs. non-domina	Dynamometel Repeat 3 times Serial # Neck evaluation: Shoulder eval: Wrist/hand eval:		R L R	

Elbow Regional Examination

☑ Check normal, circle & describe abnormal

Fracture screen (tuning fork, percussion, torsion test, grip strength):

WNL,
Refer for X-ray:

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CC & significant history:

Patient:

Insurance: _

Date of birth: ___

date:

__ M/F